

MEALS WITH MEMORIAL

FREEZER MEAL PICKUP SERVICE



The Health & Wellness Center at Memorial Hospital is now providing a meal pick-up service! These meals will be ordered online, picked up in the Teaching Kitchen at the Health & Wellness Center, and easy to prepare at home.

Ordering will be open **September 6th - 19th**

Scan here to order!

You can pick your orders up from
7:30am - 5:30pm on Thursday, September 26th



Items you can order:

**Stuffed Bell Peppers - White Chicken Chili - Crockpot BBQ
Beef - Chicken Enchiladas - Crustless Breakfast Quiche -
Mediterranean Chickpea Salad - Coconut Chickpea Stew**

Meals will serve 4-6 people.
Price will vary per meal/item.

Recipes approved and meal kits created by Head Chef, Amber Clark
& Registered Dietitians, Julie Shoemaker and Ashlyn Housewright

