



YOU ARE INVITED TO Senior Health & Fitness Day

RSVP for
FREE LUNCH
357-2173

Wednesday, May 23, 2018

Sullivan Auctioneers just east of Hamilton

8:30 a.m.—2 p.m.

Doors Open/Registration begins at 8:00 am.

DOOR PRIZES
EXHIBITORS

Free Screenings

*** Oral Cancer Screening (Pre-Register)

*** A1C (Pre-Register) (Blood Sugar test that **DOES NOT** require fasting) This screening is for patients who have not been diagnosed with Diabetes

Blood Pressure Check

Pulmonary Function Screening

Derma Scan

Hearing & Vision Screenings

Colorectal Cancer Screening—take home kits

Cardiac Risk Assessment

Balance Assessment and Grip Strength Test

Presentations

“Tips to Eat Well for Seniors”

“AAA - It's not Just For Road Side Assistance”

“What's in YOUR Medicine Cabinet?”

*“Scam and Fraud Awareness
by Sheriff Bentzinger”*

“Opioids and You”

Sponsored by

*Hancock County Health Department,
Memorial Hospital,
West Central Area Agency on Aging*

*** Screenings with asterisk required pre-registration 217-357-2173